

BRIGADIER SOCIETY. ANNUAL REPORT-2019-20
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Healthcare, Education & Environment

“Welfare of Ex-servicemen & Widows”

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ANNUAL REPORT FOR THE YEAR 2018

J&K SAI STAR Society

Nagrota Gujroo, Ramkot, Jammu- 184210, (J&K) INDIA

*** Registered No. 4680/S, under J&K Govt. Act VI of 1998 (1941 AD),**

****Member United Nations Global Compact**

*****Donations exempted from Income Tax under Sec 80 G of the IT Act**

Committed to: - “Ex-servicemen Welfare, Healthcare & Education”

Sainiks, Agriculturists and Intellectuals Society for Total Agrarian Rural Reforms (***Sai Star***) are a charitable NGO dedicated to improve the quality of life of rural population in Remote villages. The Society is mainly devoted to Rural Development, Promotion of Youth Activities and Adventure Sports, Healthcare, Environment up-gradation, empowerment of Women , Children; *Welfare of Ex-servicemen and widows.*

Vision

To improve quality of life of rural population by sustainable development at grass root level.

Mission

All-inclusive development by working at gross root level and employing sustainable technologies and information with regard to Healthcare, education, agriculture. Correct use of natural resources and environment with special emphasis on empowerment of women, children and ***specially welfare of ex-servicemen and widows.***

Area of Work & Methodology

The State of Jammu and Kashmir has geographical 2.22 lakhs sq. kilometers which is 6.93 percent of total Indian Territory. Out of total area Latah covers 70%, Jammu 19% and Kashmir 11%. As per 2001 census population of the State is one Crore and 70 thousands; population density per sq. km is 99 and 75.12% of the people live in rural areas. There are 22 Districts, 6758 villages, 143 Blocks and 4378 Panchayats. There are no major Industries in the State and thus corporate social responsibilities (CSR) activities are almost non- existent.

It was observed that some of the remote areas of J&K State are most neglected specially in the field of Education and Healthcare. Keeping this in view *SAI STAR SOCIETY* has undertaken rural development work in backward areas of Udhampur and Kathua Districts of Jammu Division. People living Below Poverty Line (BPL) are worst suffers and need Civil Society intervention. This Society area of intervention specifically covers more than 100 Panchayats of Basoli, Billawar, Ramkot and Majalta Tehsils.

Sai Star Society being NGO member of the United Nations Global Compact is adhering to its ten principle charter. The Society embraces the core values of integrity, excellence, professionalism and optimism.

Activities during the year 2017-18

Focus of the Society has been to create facilities and awareness in the rural areas on Self-Help basis, which will act as pivots for grass root social work in consonance with overall mission. This is being achieved through “*Shamdasani SaiStar Helpline*” (*SSS helpline*), and Society Focal Point, which are co-located with the Society Office at Nagrota Gujroo on Dhar-Udhampur Road.

Development Work Undertaken and Impact on Target Group

Health and Family Welfare

- (a) Society Ambulance was provided for conveyance of patients from Helpline to Hospitals/ Polyclinics and nearest medical facilities.
- (b) Healthcare of veterans and Veer Naries was taken care through ESM Polyclinic and the Society acting as facilitator. Daily footfall at ECHS Polyclinic is 20 to 25 patients, who are provided medical treatment, Healthcare counseling and other assistance.
- (c) Healthcare assistance and preventive healthcare counseling was provided to the Society. Health checkup were carried out in Rural Schools and Health record cards issued.

Education & Youth Activities.

- (a) Fine Arts and Crafts course was conducted by the Society from Apr to Dec17, in which rural Girls were trained in Fine Arts, Stitching and Tailoring.
- (b) Since the year 2009, this Society is providing Internship Training to Post Graduate (MBA) Students of SP Jain Institute of Management & Research (SPJIMR), Mumbai, which is one of the *TOP TEN* Management Training Institute in India. This year based on a request from Chairperson, Department of Corporate Citizenship of SPJIMR, two students were trained and following project studies were carried out from 08 Mar to 06 Apr 2018:-
 - (i) Mr Ankit Bihani, a B Tech Graduate from Indian Institute of Technology Kharagpur, undertook the Project-. Designing & Execution of Career oriented education awareness programme to empower youth in rural area schools.
 - (ii) Miss Prachi Soni, A Graduate in Electronics & Communication from Manipal Institute of Technology, worked on the project- to Establish a Herbal Garden (Arogaya Vatika) to increase awareness of Herbal/ Medicinal Plants among rural people with a view to generate livelihood.
 - (iii) Two Girl Students of The Heritage Xperiential School, Gurgaon, Ananya Singh and Aaadya Aggarwal participated in patients counseling programme at the ECHS Polyclinic and made good contribution to the social welfare efforts.

- (c) The Society conducted Education awareness programme at HSS Garh Samana Banj to educate the students in their future career planning and Higher education options.
- (d) Students of High School Babey, which is located in remote area and was Up-graded with efforts of the Society, are being provided assistance/ counseling.

Welfare of Ex-Servicemen, Widows and local Marginalized Community

- (a) 375 Ex-servicemen were provided assistance in their pension related cases and some of them were taken up with various Regimental Record offices pertaining to arrears in their dues.
- (b) Veterans, widow pensioners and their Dependents were provided assistance in Healthcare.
- (c) Large number of Female Patients and widows were provided assistance & counseling through Lady Counselor by the Helpline.
- (d) 64 Ex-servicemen and Widow Pensioners were provided assistance in becoming ECHS Members.

General Welfare and Miscellaneous Work

- (a) Environment awareness campaign is being organized in rural areas and an Environmental park is being established.
- (b) Special assistance was provided to BPL, persons in distress and deserving girl students.

Shamdasani SaiStar Helpline

Scope of SSS Helpline sponsored by “The Shamdasani Foundation” has been enlarged to include rural empowerment. The Helpline is co-located with the Society Office at Nagrota Gujroo, Km 67 in the center of 135 Km long Dhar- Udhampur Road. It provides support to an area of 1200 Sq. Km in Shivalik Hills consisting of more than 100 Panchayats of Tehsil Majalta of Udhampur District and Tehsils Billawar, Ramkot & Basoli of Kathua District of Jammu Province. In addition to civil population, it is providing assistance to approx. 8,000 Ex-servicemen and their Dependents living in the area.

Helpline- Vision for Future

The Helpline is main instrument by which the Society is carrying out its mission in assisting rural population to solve their day to day problems in corruption riddled, berucratic run J&K State. Some of the activities are as under:-

- # Empowerment of women by counseling in domestic dispute & Violence cases.
- # Educational Counseling of Girls & Boys.
- # Assisting Senior Citizens.
- # Land /Property Disputes resolution.
- # Marital Discord cases.
- # Healthcare and Medical treatment Guidance.
- # Mental Health /Spiritual Counseling.

Community Development

A community Development Centre (CDC) at village Babey, Udhampur is being maintained and run by the Society for welfare of rural public. To empower Villagers the Society provides individual citizens and village Panchayats members with knowledge and confidence to become informed active self-advocates for the development of the community.

Cooperation with other NGOs to achieve the Objectives

The Society has achieved excellent networking with sister NGOs, specially, HP Sanstha, Ex-servicemen league Jammu, Indian Red Cross Society, International Committee for Development & cooperation (IRDRC). The Society also interacts with NGO at National Level.

We Support - United Nations Global compact

J&K Sai Star Society is a NGO Member of United Nations Global Compact and adhering to its Charter & Ten Principles. The Society participated in activities of UN Global Compact India at New Delhi.

Environment

The Society is actively working towards up-gradation of environment and awareness in rural area. It has established an Environmental Pak on Dhar- Udhampur Road in Jammu & Kashmir State. The Society is planning to establish a Herbal Garden “Arogaya Vatika” in this Park for which a

Project Report has been prepared with the assistance from the Department of Corporate Citizens SP Jain Institute of Management & Research, Mumbai. Total Cost of the Project is Rs Sixteen Lakhs over a period of 3 Years. One time funding of Rs 9 Lakhs is required for the first year. Members are requested to assist find suitable Donors for this noble Healthcare Project.

Seminars & Conferences

J&K Sai Star Society Participated in the following Conferences and Seminars:

- (a) Defence Diplomacy and Management of Geo-Strategic Environment in South Asia; Seminar held at Manekshaw Center, New Delhi on 27 Oct 17.
- (b) National Security Seminar-2017, "From Contest to Cooperation: Vision for Shared Prosperity in the Indo-Pacific Region" on 02-03 Nov 2017.
- (c) India and Sustainability Standards: International Dialogues and Conference, held at New Delhi from 15 to 17 Nov 2017.

Way Ahead - Future Action Plan.

- (a) Establish & maintain a Mobile Library and Career Counseling Unit for Higher & Vocational Educational awareness in rural areas.
- (b) To construct a Check Dam for water conservation at Environmental Park site.
- (c) Environment up-gradation and Clean India Mission (Swash Bharat Abihan).
- (d) To establish a Herbal Garden (Arogaya Vatika) in remote rural area.

Special Mention during AGM 2018

During the Annual General Meeting held on 13 Apr 2018, the President of the Society specially conveyed his thanks to the Trustees of The Shamdasani Foundation (Charitable Trust) which is serving the under-privileged and destitute in India for their kind financial support to the Society, without which all the good work done by the NGO would not have been possible. The House applauded the gesture with humility and gratitude.

Summary

Sai Star Society works together with rural people and communities to create sustainable programs and has been able to achieve most the objectives set for the Year, like improving Healthcare in rural areas. There has been significant impact during the year under review in improving quality of life of the rural people in the target area of intervention, especially Healthcare awareness and Vocational Education. The Society has made major contribution with regard to welfare of ex-servicemen veterans, particularly Healthcare and Veterans age related issues.

Sai Star Society has been able to reach out to more than 57,000 people through its Website "www.saistar.co.in". Information about the society is also in public domain on Government of India NGO Darpan Website; www.ngodarpan.gov.in

(Brigadier Amarjit Randwal, (Retd))

President

No.4680/S/R/2018



**"GOD grant me the serenity to accept the things I cannot change,
Courage to change the things I can,
And Wisdom to know the difference."**